

# Mamluk Academy

## EXAM FORM FOR CULBAN YELLOW TIRAZ CANDIDATES

Name of the Cülbân: : \_\_\_\_\_

ID Number: : \_\_\_\_\_

Referee Name: \_\_\_\_\_

Exam Date: \_\_\_\_\_ Coach Name: \_\_\_\_\_

PERFORMANCE Exam Details	Rounds	Required minimum score					Round's Points	Total Result
		75 points						
12 meters - 25 arrows - 60cm Tabla Target - Round time limit: 75 sec.	1st Round							
	2nd Round							
	3rd Round							
	4th Round							
	5th Round							

SKILLS		Key elements (What should be done)	Achieved	*Not yet achieved
1 2 3	Arrow rest position on bow hand (Mamluk kabza style)	The little, ring and middle fingers are tight		
		The thumb should be on the middle finger and the index finger should be between the thumb and kabza.		
		The arrow should be straight between the thumb and index fingers (The arrow should not touch the kabza)		
4 5	The three schools and their differences	Abu Hashim / Taahir / Ishaq stance position (ask&select)		
		Abu Hashim / Taahir / Ishaq anchor level (ask&select)		
6 7 8	Mesha'a'ir Turkiyye Nocking Technique ( All arrows should be nocked using this technique)	Take the arrow from the tirkesh with index, middle and thumb fingers		
		Give the arrow to bow hand's thumb and index fingers		
		Check the arrow until the nock with fingers		

9	<b>Meshaa'ir Turkiyye Nocking Technique</b>	Hold the nock with the index and thumb fingers. The middle finger should touch the thumb		
10		The shaft of the arrow should be touching the string as it is pushed to be nocked		
11		Nock the arrow without opening the thumb		
12		During the nocking process, the archer must maintain visual focus on the target		
13	<b>Releasing</b>	Anchor position should be between jawbone and ear. Finger release should be on the face		
14		Only index and thumb fingers will open, others should be tightly closed		
	<b>Knowledge</b>	<b>Key elements</b> (What should be done)	<b>Achieved</b>	<b>*Not yet achieved</b>
Practical exam				
15	<b>Warrior sitting position (5arrows)</b>	Left knee or right knee on the ground, opposite knee in the abdomen		
16		Balance should be on the centre of the body		
17		All archery rules apply (Set up position, drawing alignment, anchor point etc.)		
18	<b>Basic stringing method</b>	The bow's lower tip (bash) should be on the left or the right ankle		
19		The bow's upper tip (bash) should be in the opposite side hand		
20		The string should be in the hand on the side of your ankle where you placed the lower tip		
21		The kabza should be placed directly behind the knee		
22		Whilst stringing the bow, ensure that both limbs bend symmetrically, forming an even and balanced curve. After stringing the bow, the archer should check that the string is properly aligned		
<b>Total Result</b>	<b>19 / 22 positive evaluations are required</b>			Number of Positive Evaluations
				Number of Negative Evaluations

Name and signature of the Archer:

**Overall Examination Outcome:**

**Passed**

Name and signature of the Referee:

**\*Not Passed**

Name and signature of the Coach: