

Mamluk Academy

EXAM FORM FOR CULBAN BLUE TIRAZ CANDIDATES

Name of the Cülban: _____

ID Number: _____

Referee Name: _____

Exam Date: _____

Coach Name: _____

PERFORMANCE	Rounds	Required minimum score					Round's Points	Total Result
Exam Details		90 points						
14 meters - 25 arrows - 60cm Tabla Target - Round time limit:75 sec.	1st Round							
	2nd Round							
	3rd Round							
	4th Round							
	5th Round							

SKILLS	Key elements (What should be done)		Achieved	*Not yet achieved
1	Farqa / String twist	The twisting should start after anchor point		
2		The string should be twisted to the face		
3		The arrow should be straight on bow hand		
4	Iflat Method	The elbow should hit back on line (alignment)		
5		It should be done at the same time with release		
6		The hand should come to rest between ear and shoulder		
7		The little, ring and middle fingers are tight		
8		The index and thumb fingers should do Hallale (Hilal)		

9	Bird Nocking Technique (all arrows should nocked by this technique)	Take the arrow from the tirkesh with the index and middle fingers like a bird beak		
10		Give the arrow to bow hand's thumb and index fingers		
11		Check the arrow with fingers until nock touches to the wrist		
12		Hold the arrow with middle and thumb, touch to the arrow with index finger		
13		The nock should touch to the hand close to the wrist		
14		Touch to the string with wrist and nock		
Knowledge		Key elements	Achieved	*Not yet achieved
Practical exam		(What should be done)		
15	Warrior sitting position (5arrows)	Left knee or right knee on the ground, opposite knee in the abdomen		
16		Balance should be on the centre of the body		
17		All archery rules apply (Set up position, drawing alignment, anchor point etc.)		
18	Basic stringing method	The bow's lower tip (bash) should be on the left or the right ankle		
19		The bow's upper tip (bash) should be in the opposite side hand		
20		The string should be in the hand on the side of your ankle where you placed the lower tip		
21		The kabza should be placed directly behind the knee		
22		Whilst stringing the bow, ensure that both limbs bend symetrically, forming an even and balanced curve. After stringing the bow, the archer should check that the string is properly aligned		
Total Result		19 / 22 positive evaluations are required	Number of Positive Evaluations	Number of Negative Evaluations

Name and signature of the Archer:

Overall Examination Outcome:

Name and signature of the Referee:

Passed

Name and signature of the Coach:

***Not Passed**